

CMS Star Measure Completion Guide

Controlling Blood Pressure (CBP)

Via At Home Patient Self-Measurement with Digital BP Cuff

Purpose:

Close the Controlling Blood Pressure (CBP) quality gap for members with previously uncontrolled BP by capturing a valid, timely reading.

Steps:

1. **Select members:** Only provide Digital BP cuffs to patients flagged as noncompliant for CBP measure in Cozeva.
2. **Member measures at home:** Using a digital BP cuff, patient takes two readings, one minute apart, while seated and relaxed in a quiet environment.
3. **Choose the reading:** If multiple readings are taken on the same day, it is acceptable and preferred to record the lowest systolic and the lowest diastolic from that day.
4. **Telehealth visit:** Schedule a telehealth visit (audio and/or video) for the provider to review the home BP reading verbally with the patient.
5. **Bill the claim:**
 - Bill the appropriate telehealth E/M code.
 - Add both BP CPT II codes (one systolic + one diastolic) on the claim.
 - Use the date of the measurement as the DOS for the Blood Pressure CPT II Reporting codes.

Blood Pressure – Systolic, Goal < 140/90 mmHg	
Measured Systolic	CPT Systolic
< 130 mmHg	3074F
130 – 139 mmHg	3075F
>= 140 mmHg	3077F

Blood Pressure – Diastolic, Goal < 140/90 mmHg	
Measured Diastolic	CPT Diastolic
< 80 mmHg	3078F
80 – 89 mmHg	3079F
>= 90 mmHg	3080F



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6. Documentation: Note in the chart the following.

- Reading values (lowest SBP & lowest DBP from same day)
- Date taken
- Device type (i.e. “digital home BP cuff”)
- Patient’s posture/conditions if known